



Michael J. Keenan
President and CEO
Good Shepherd Communities

It's All About Living Well®

Heroes of the Pandemic

I am entering my 40th year working in long-term care. In all those years, I have never encountered anything like COVID-19. This is by far the deadliest virus the long-term care communities have faced during my career. It hits the elderly and infirm harder than any other population and once it gets into a facility, it spreads like wildfire. Long-term care facilities have received very negative media coverage in the recent months of the COVID pandemic. Initially, nursing homes were instructed that they could not discriminate against positive COVID populations for Admissions - we believe because NYS needed to increase hospital capacity. The NYS Department of Health has now issued revised instructions that hospitalized individuals need to have tested negative for COVID before they can discharge to an Assisted Living Facility or Skilled Nursing Facility.

Through it all, we have seen unprecedented dedication and loyalty from our staff to the residents we serve. Usually this publication offers advice and tips for living well to seniors in the community. This issue will recognize the employees at every level of service who ensured our residents at Chase Memorial Nursing Home, Good Shepherd Fairview Home and Good Shepherd Village at Endwell are well cared for and protected. We have created a "We Care" differential that increases the base wage for each non-senior management staff member working on site by two dollars per hour. We are also providing a meal every shift to all employees working. In this issue we want to name each employee and board member in our organization to publicly say **"Thank you for your Dedication, Loyalty and Service to our Residents and Staff."**

Mike Keenan
President/CEO

Good Shepherd Communities Foundation
32 Village Drive, Endwell, NY 13760
607-757-3100

Good Shepherd Fairview Home
80 Fairview Avenue, Binghamton, NY 13904
607-724-2477

Good Shepherd Village at Endwell
32 Village Drive, Endwell, NY 13760
607-757-3100

Good Shepherd Rehab & Wellness
80 Fairview Avenue, Binghamton, NY 13904
607-724-2477

Chase Memorial Nursing Home
1 Terrace Heights, New Berlin, NY 13411
607-847-7000

For more information please visit
goodshepherdcommunities.org



ITEMS OF INTEREST FOR SENIORS

During the pandemic, nothing stayed the same. Below are changes that took place at Good Shepherd Communities.

Heroes of the Pandemic at Good Shepherd Communities *continued from page 1*

The Reception Staff

Our receptionists went from being the pleasant voice on the phone and the providers of visitor information to be the gatekeepers and guards of our facilities. Besides answering the phones, they now screen every employee arriving at the facilities. No one passes through without having their temperature taken and answering a series of questions regarding their health, their travel, and their potential contact with anyone diagnosed with COVID.

Our Nurses, Infection Control Specialists and Human Resources

These individuals are responsible for performing over 800 COVID-19 tests a week for all employees. They have to supervise the testing, label the vials, and ship them to the lab for testing. If there is a positive test, they then have to work with the employee to ensure proper quarantine procedures are being followed and contact tracing is performed. In addition, our Infection Control Specialists are our main line to the County and State Departments of Health.

Our RN's, LPN's, Aides, and Unit Secretaries in Skilled Nursing and Adult Care

These frontline staff are the ones who still show up every day and provide the most direct and intimate care our residents receive. They leave their families each day knowing they may put themselves at risk providing the care our residents need. They do it because they truly care for their residents and are devoted to their well-being. They are the infantry in the battle against COVID19.

Social Services and Residential Services

Our Social Workers in healthcare have been in constant contact with families to keep them up to date and to facilitate one to one visits to help with psycho-social wellbeing. In Independent Living, our staff have also increased their interactions with families to reassure them during these challenging times.

Recreation Therapy

If Nurses and Aides are the infantry then Recreation Therapy is the USO. Our activities staff have done an outstanding job in maintaining resident morale. Residents have been receiving one-on-one virtual visits. Family visits via Zoom or iPads have become standard. Messages to families on Facebook and websites are now commonplace. The Recreation Therapy's staff mission is to keep our residents engaged and connected, and they couldn't do a finer job.

Information Technologies

All the new technologies we are deploying to keep our residents in contact with their families rely on the technical expertise of our IT team. And when we couldn't hold an in-person IL Resident Association meeting at GSVE, IT stepped in and provided a means to broadcast the presentation to individual resident television using an in-house channel.

Therapy

Whether it is providing alternate methods of therapy in the form of E-visits for outpatients or moving into a temporary location in order to accommodate a negative pressure space, our Physical Therapists, Occupational Therapists, Physical Therapy Assistants, and Speech Language Pathologists consistently rise to the occasion and continue to demonstrate creative and collaborative approaches to maintain the high level of therapy that Good Shepherd is known for.

Dietary

During the pandemic, our Dietary Departments had to adjust from having congregate meal sites and dining rooms to total delivery service in Independent Living, and socially distancing in Health Care. IL menus had be adjusted to include foods that "travel" well and retain their temperatures. IL dinners were delivered for the evening meals along with boxed meals for lunch and breakfast. This also included vehicle delivery to 74 cottages at the Village. Our three facilities have been delivering over 1,000 meals a day.

Housekeeping \ Laundry

"Disinfect it" has been the motto and mission of the Housekeeping staff - handrails, countertops, floors, doors, doorknobs, sinks and bathrooms. Our housekeeping staff have been diligently doing their part to ensure all surfaces are clean and sanitized and not a conduit to transfer the virus. Our Laundry team has focused on infection control, while also handling an increase in personal resident laundry that families had previously laundered.

Admissions

Our Admissions team was challenged to maintain our census while hospitals stopped elective surgeries, all the while having to increase their vigilance like never before regarding infection control for any and all referrals.

Purchasing\Accounts Payable\Drivers

Protective personal equipment: Our Purchaser's job was to find it, and AP's to process payment for it. Never before had we ordered 15,000 masks, thousands of gowns, and thousands of gloves in an environment where suppliers were saying they had no supply. Orders were shipped from all across the U.S., Europe, and China to get the equipment our staff needed, and then our drivers delivered and distributed the PPEs to all of our facilities.

Maintenance

Things don't stop breaking because of COVID, and Maintenance is here continuing to fix things, as well as responding to newly urgent COVID-related needs in regard to creating negative pressure areas. They are also using this time to paint and repair items in areas that used to be heavy traffic areas that now

are quiet. They are now working on creating Plexiglas barriers to prevent transmission of all viruses in areas where social distancing is not possible.

Finance: Billing\Accounting

Our Billing staff have been here every day doing the billing for private pay, Medicare and Medicaid so our revenue is not interrupted and we can continue to pay our bills. Our Finance staff is not only staying up to date with normal accounting processes, they are also tasked with tracking the expenditures associated with combating the pandemic and recordkeeping in reference to various government loan programs in response to COVID.

Health Information Management Systems

During this time, we have been communicating to our residents and their families, as well as our staff, on a weekly basis. HIMs has been critical in keeping our databases up to date and accurate for regular, effective notifications.

Administrative and Other Support Staff

Whether making copies and stuffing goodie bags, mailing letters, making deliveries, organizing staff COVID testing, or a myriad of other COVID-related duties, our support staff have truly been Jacks of all trades.

Management Staff

Our managers have been working extraordinary hours in developing plans, reporting to governmental agencies, obtaining grants and funds, and getting the supplies and equipment that staff at every level need to do their jobs. They are also the people that are providing weekly communication to residents, our staff, and our family members. These are the people who are working to develop re-opening plans so when NYS and the NYS Department of Health allows us to fully re-open, we are ready.

Our Board of Directors

As a not-for-profit organization, we are supervised by a volunteer Board of Directors. Throughout the pandemic and even now, the Board has been available to offer advice, insight and approval of different programs and policies we have enacted. Their concentration has always been on what we need to do to keep our residents and staff safe and protected. When we needed to provide a differential to staff, pay for meals for employees working, or purchase equipment and didn't know where we would get the funds, the Board's response was that we will figure it out, but we have to do the right thing for our residents and staff. We are fortunate at Good Shepherd Communities to have the expertise and depth of knowledge our Board members bring to us.



Upcoming Events

SEPT 10	Good Shepherd Foundation Fall Golf Classic – Traditions at the Glen, 11:00 a.m. (call 607-484-6075 for more information)
SEPT 22	22nd Annual Lives of Commitment Breakfast, 7:30 a.m. – Double Tree by Hilton, Binghamton, rescheduled from May 7 (call 607-724-9130 for more information)
SEPT 26	Walk to End Alzheimer's: Registration 8:45 am, Ceremony 10:00 am, Walk 10:30 am – Binghamton University West Gym, Vestal (call 315-472-4201 for more information)
OCT 2	Good Shepherd 150th Gala Celebration, rescheduled from June 19. (call 607-484-6075 for more information)

Going Above and Beyond

Good Shepherd Communities would like to thank each and every employee for their efforts during the COVID-19 pandemic. Your hard work, dedication, and flexibility has been noticed and appreciated. We would like to highlight the staff that has gone above and beyond during this crisis:

Good Shepherd Communities Board of Directors

Benjamin, Wayne
Bunnell, Kathleen
Gallo, Angelo
Gilbert, Jill
Halbert, Roger
Hyle, Timothy
Lacey, Joan
Lanouette, Dawn
Mollo, Paul
Navarro, JoAnn
Parker, Paul
Riley, Jr., Oliver
Roque, Jack
Smith, Jeffrey
Wager, Elsie

Good Shepherd Communities

Boyer, Kellie
Cortese-Green, Theresa
Crispino, Lisa
Ellis, Michele
Garbaty, Edward
Grant, Debra
Hirst, Karen
Jones, Scott
Koniszewski, James
Mackey, Patricia
Marhefka, Sheila
Mcentire, Laura
Meyer, Melinda
Minor, Heather
Neer, Susan
Parke, Linda
Rafferty, Amy
Rollo, Maria
Romich, Tammie
Slavitsky, Karie
Tchir, Joseph
Tigue, Joseph
Tyler, Paul
Vallone, Jennifer

Good Shepherd Fairview Home

Agwu, Ngozi C
Aillard, Janet
Archeval, Tammy
Aribisala, Lea
Bado, Tonya
Baker, Christine
Barnett, Rhiannon
Barry, Amanda
Bazemore, Curtis
Beco, Karina
Benjamin, Vicki
Bess, Shauntel
Borst, Colleen
Brown, Anne
Buchanan, Carol
Butler, Shannon
Butts, Doreen E
Byrnes, Martina
Campbell, Helen
Campo, Anthony
Carpenter, Cheri
Carreon, Cristina
Clark, Jessie
Cole, Brenda
Coleman-Harris, Sheniqua
Conrad, Darlene
Cooper, Michael
Corchado, Emily
Cromwell, Safronya
Davis, Brenda
Davis, Wayne
Delanoy, Jennifer
Demaine, Jane
Dennison, Hailey
Dillenbeck, Elizabeth
Dixon-Garrard, Alicia
Donson, Patricia
Dooley, Catherine
Dooley, James
Douge, Marie
Drapcho, Kathy
Dukes, Shataniece
Dure, Lidia
Dure, Marie C
Dye, Stephanie
Epps, Leon
Erceg, Madalyn
Erickson, Kelli
Esterine, Judith
Euchenhofer, Amy
Fava, Debora
Fleming, Naomi
Fisher, Terry
Franklyn, Dawn
Furch, Rachel

Gehm-Nemire, Jo
Gifford, Myla
Gilligan, Carol
Glatzel, James
Glatzel, Lori
Graef, Jenny
Gray, Elizabeth
Green, Brian
Green, William
Greenley, Deborah
Gumedi, Joanna
Hall, Rondre
Hardik, Michael
Haughton, Cynthia
Haughton, Debbra
Hayes, Margaret
Heath, Debra
Hughes, Keith
Ingraham, Wyatt
Jahn, Isabelle
Jamieson, Tiffany
Jayne, Tina
Karic, Elvise
Keller, Jivon
Kellogg, Robin J
Kendall, Adrian
Kenny, Phyllis
Kittle, Ondrea
Kochis, Aziza
Kochmer, Mary
Kopolow, Margaret
Kosters, Betty
Kussard, Colleen
Layton, Kristine
Lee, Kassandra
Lee, Sean
Leonard, Alan
Leonard, Julie
Lerner, Deborah
Lindsey, Kersten
Louis, Rose
Makosiy, Zina
Manago, Tahisha
Mangan, Shari
Mason, Kennedy
Massol, Jossette
Mateer, Jennifer
Mattucci, Margaret
Mccafferty, Nicole
Mcentire, Therese
Mieras, Natalie
Milaski, Alexis
Miller, Brandon
Miller, Brianna
Miller, Kenya

Miller, Michele
Miller, Carl
Minett, Elinore
Miranda, Katherine
Mirat-Seide, Valentina
Mitchell, Sharifa
Montgomery, David
Mooney, Jenna
Moreno, Christy
Morris, Kaylee
Mosher, Patricia
Mottley, Tatiyanna
Mullineaux, Sandra
Murdock, Tracie
Nunez, Angela
O'Brien, Baijina
O'Connor, Jason
Osborne, Ellen
Osorio, Evelyn
Parenteau, Mindette
Perrington, Lois
Philbert, Garvin
Piccirilli, Cristina
Pickering, Becki
Pierre-Louis, Vonica
Pioli, Karissa
Pittsley, Irene
Porter, Ayana
Pratt, Demetrie
Pressley, Tyrena
Quain, Gabriella
Rice, Jennifer
Rice, Michele
Rinde, Marisa
Rivera, Onika
Robinson, Amina
Robles, Elsie
Romeo, Elizabeth
Rounds, Abigail
Sala, Frances
Salzman, Curtis
Sciamanna, Lori
Scott, Fallon
Sharak, Kelly
Shaver, Marcus
Shearer, Deborah A
Sheptock, Anne
Shew, Kathleen
Shirkey, Bethany
Shore, Carrie
Shuler, Starrasia
Siracusa, Anthony
Slater, Steven
Smith, Dezmon
Smith, Helen

Smith, Lindsay
Sobonski, Kole
Spence, Tracy
Steigerwald, Doris
Sterling, Elizabeth
Sterling Donascimento, Erica
Stevens, Daniel
Strassel, Melissa
Swan, Geraldine
Swezey, Kathy
Taborne, Amy
Tarbox, Deborah
Taylor, Candy
Thineyog, Lourdes
Thomas, Elaine
Timar, Amy
Tinto, Lystra
Tomczyk, Brooke
Tong, Mary Ellen
Traver, Erica
Tyson, Hope
Upthegrove, Skyler
Vincent, Deborah
Vorhis, Melissa
Vu, Julie
Walelign, Frehiwot
Walker, Liliana
Walker, Michelle
Wallace, Rachel
Warner, Claudia
Warner A, Angel
Warner C, Cindy
Washington, Sharronia
Watkins, David G
Weeks, Laurie
Weeks, Sierra
Wylie, Josephine
Yantis, Rhiannon
Yeomans-Webb, Christa
Young, Robert
Zurenda, Diane

Good Shepherd Village at Endwell

Adams, Todd
Al-Aubaidy, Ali
Albeck, Kevin
Alberti, Janitzia
Albrecht, Karen
Allen, Mark
Alston, Casey
Altemose, Sarah
Anderson, Timothy
Arnold, Jennifer
Arnold, Kathleen
Baker, Leann
Balan, Karen
Baldwin, Jill
Barnes, Michael
Barrett, Morgan
Barton, Kelley
Bates, Timothy
Beardsley, Nicholas
Bernardi, Bryan
Bernardini, Valerie
Bestle, Gabrielle
Bicksler, Aryn
Bicksler, Louise
Blackwell, Carol
Borush, Marina
Bougie, Kim L
Brink, Mary Kay
Brothers, Ashley
Bruster, Joan
Burish, Paetyn
Burnside, Britnee D
Bush, Katie
Cadkin, Ilene
Cardona, Carlos
Caron, Lisa
Carr, Kelli
Cartagena, Marilyn
Cartegena, Christopher
Carter, Nicole
Cerroni, Marissa
Chaffee, Laurie A
Cheney, Elizabeth
Close, Zachary
Cole, Tiquila
Coleman, Dawn M
Collier, Marcia
Conant, Marissa
Conroy, Linda
Coombs, Donna
Copeland, Mark
Cosme, Samantha
Crandell, Mariah
Crispell, Ma Joanne
Crotsley, Amy L
Davidson, Jennifer
Delk, Jacqueline
Denning, Tina
DeVantier, Allyson
Dinga, Michelle
Doing, Rayna
Dow, Andrea
Doyle, Margaret
Drankoski, Alison
Dufton, David
Ellis, Kori
Engler, Peter
Farrar, Tiffany
Finley, Hannah
Ford, Kyamesha
Foster Sikorski, Bonnie
Fox, Natalie
Gallo, George
Gamache, Zachary
Gaykovvy, Martha
Gaykovvy, Reuben
George, Michael
Gilg, Michelle
Glezen, Melissa A
Gulick, Danielle
Gulliver, Denise
Hadden Jr, Robert
Hageman, Gina M
Harris, Yaashia
Hartman, Alison
Healander, Raven
Heath, Sara
Heim, Megan
Hiller, Courtney
Hissin, Carol
Hobbs, Karen
Hollenbeck, Lisa
Hoover, Sandra
Hull, Karen
Jackson, Sheena
Jenkins, Shytavia
Jensen, Frederick
Johnson, Curtis
Johnson, Shari
Jones, Albert
Jones, Michael
Juraska, Joseph
Kane, Carey
Kauffman, Jennifer
Keese, Lazarus
Klock, Karrie
Kostun, Sandra
Laborde-Morin, Denise
Lalomia, Carolee
Lance, Roxanne

continued on page 4



It's All About Living Well®

Going Above and Beyond continued from page 3

Good Shepherd Village at Endwell

Lane, April	Morrissey, Michael	Schofield, Rebecca	Vanco, Jamie
Lapore, Mario	Nguyen, Breeanna	Senapati, Puspajali	Vandermark, Amber
Laubacker Jr, Bruce	Nolberto, Ramona	Seward, Tynisa	Vanetten, Cierra A
Lee, Matthew	O'Connor, Gabryel	Shaffer, Joanne E	Versace, Angela
Letavish, Austin	Orton, Robert	Shear, Randy	Walsh, Eneida
Liberati, Courtney	Page, Lizbeth	Shelestovsky, Maxwell	Warner, Kristen
Livermore, Marilyn	Painter, Samantha	Shkatulyak, Diana	Webb, Kristine E
Lynch, Katianna	Pasquale, Marielle	Shuford, Shawn	Welch, Sandra
Mannix-Hill, Colleen	Patrick, Jason J	Simpson, Kathleen	Whittlesey, Jasmine
Marcovici, Jacqueline	Pesante-Gonzalez, Karleyshka	Simpson, Michael E	Wightman, Matthew
Martin, Emily	Pierce, Gary	Skojec, Torrie	Williamson, Nathan
Martin, Kory	Pitcher, Roger	Slack, Kerri	Willis, Molly
Mcandrew, Bonnie	Pizur, Tamara	Slade, Judith	Winchell, Laurie
Mccabe, Angela	Rando, Nicholas	Smacher, Sheila	Windsor, Jason
Mccarthy, Lauren	Reynolds, Sibyl	Smith, Dylan	Wood, Bruce
Mccloe, Kelly	Riegall, Faith	Smith, Nancy	Wood, Sheri
Mcgovern, Brenna	Ritter, Kira	Smith, Richard	Woodbeck, April
Mcintosh, Amy L	Roberts, Paula	Spafard, Deanna	Wright, Arthur
McKee, Haley	Robinson, Jalisa	Spafard, Karen	Wyman, Elysha S
Mckeeon, Dennis	Roma, Abbey	Summers, Becky	
Mckinney, Mary Kay	Roma, Jennifer	Szczepanski, Katarina	
Meade, Christina	Rossman, Patricia	Taranko, Alexander	
Mies, Annamaria	Rought, Carrie	Thammavongsa, Loungnapha	
Miles, Karen	Rought, John	Thomas, Terrie	
Moore, Kathleen	Rouse, Ryan	Truex, Emma	
Morgan, Jenna	Samiani, Desirae	Vanaustin, Leslie	
	Sanders, Edwina		

Chase Memorial Nursing Home

Abbott, Loreigh	Decker, Francina	Lamont, Adam	Salzman, Curtis
Angle, Samantha	Doing, Christy	Lanfair, Odessa	Sands, Jonnie
Baker, Tara	Dufresne, Kaedi	Luca, Fred	Santiago, Christine
Barringer, Cody	Eastwood, Norman	Macleod, Annette	Savienoso, Samantha
Barringer, Rita	Engler, Macy	Mccafferty, Nicole	Schoellig, Sarah
Bates, Alexa	Farber, Carol	Meyers, Tiffany	Schulz, Arlene
Beach, Dionne	Farrington, Colin	Mikalunas, Jessica	Six, Eric
Beach, Sierra	Ferguson, Samantha	Moon, Amanda	Skillen, Gabriella
Behret, Carol	Fowlston, Alexis	Moscardini, Misty	Slawson, Brandon
Bennett, Jessica	Furgison, Kylee	Murfitt, Crystal	Smith, Stephen
Bennett, Ryan	Furgison, Norman	Murray, Gail	Spiak Jr, Peter
Bernardini, Valerie	Furgison, Savanna	Nichols, Alicia	Stetson, Jennifer
Bice, Cody	Garvey, Scott	Nichols, Linda	Stott, Lindsay
Birdsall, Pamela	Goble, Christine	Nichols, Tina	Stringham, Margaret
Blakely, Cheryl	Goedel, Loretta	Norwood, Alisha Ann	Taltavall, Brittany
Bouck, Beth	Grube, Kathleen	Norwood, Bonnie	Taylor Jr, Joseph
Brimmer, Tammy	Gubbins, Chrisitne	Norwood, Christopher	Thurston, Chloe
Buchanan, Alexis	Guiles, Kailyn	Oliver, Amber	Tiffany, Kayla
Campbell, Joan	Hackett, Melanie	Palmer, Bridget	Utter, Nancy
Campbell, Maryanne	Hoag, Barbara	Perfetto, Alicia	Vandusen, Glenda
Campo, Anthony	Hoag, Candace	Phetteplace, Catrina	Vandyke, Sadie
Carnachan, Deborah	Hoagland, Trittany	Potter, Candice	Vansteinburg, Alissa
Carney, Cindy	Holbert, Stephanie	Potter, Lisa Ann	Vibbard, Ashley
Cerow, Elizabeth	Holbert, Susan	Potter Jr, Richard	Vroman, Alysha
Champlin, Jennifer	Hull, Rebecca	Price, Angalea	Wakefield, Courtney
Chauhan, Ektaben	Itkin, Sharon	Price, Samantha	Walker, Rhonda
Conant, Lorelei	Jacobs, Kerri	Proskine, Patty	Ward, Dean
Conant, Morgan	Jacobsen, Karen	Ray, Riylea	Whitehill, Marie
Conklin, Jeanetta	Jones, Elizabeth	Raymond Iv, Frank	Williams, Heather
Conway, Donna	Kane, Carol	Robinson, Charlene	Wilson, Yvonne
Cosmo, Donna	Kline, Bonnie	Rogers, Sarah	Worden, Lorrie
Crandall, Julie	Knapp, Chelsea	Rogers, Whitney	
Crane, Melanie	Knapp, Mckenzie	Ross, Kelsey	
Decker, Brittany	Knapp, Tritny	Rous, Jordan	

GOOD SHEPHERD COMMUNITIES FOUNDATION GOLF TOURNAMENT

Save the Date and Join the Fun!



On Thursday, September 10, 2020, Good Shepherd Communities Foundation is hosting its Twelfth Annual Fall Golf Classic sponsored by Sodexo Quality of Life Services at Traditions at the Glen, 4101 Watson Blvd, Johnson City, NY 13790. Lunch and registration begin at 11:00 am with a shotgun start at 12:30 pm. Cocktails, dinner, awards and raffles conclude the fun-filled day.

Proceeds from the 2020 Fall Golf Classic will assist the Foundation in funding for programs that enhance the quality of life of senior citizens including the Living Care Fund, which assures that Good Shepherd's assisted living residents will never be asked to leave, even if their personal finances have been depleted in providing for their own care. It also funds education programs, providing scholarships to our valued staff who are pursuing Licensed Practical Nursing degrees. Additionally, proceeds from the Golf Tournament support the BOCES School-to-Careers Partnership Program

which offers valuable work experience opportunities for students interested in careers in healthcare.

Please consider being a part of our tournament while assisting Good Shepherd in fulfilling its mission to serve senior citizens in our community. Step up to the tee and play a round or consider becoming a sponsor. Sponsorship opportunities include:

GOLD Sponsor
SILVER Sponsor
BRONZE Sponsor
PRIZE Sponsor
TEE Sponsor

If you are interested in sponsoring the tournament or in playing, please contact Terry Cortese-Green, at 607-484-6075 or email tcortese-green@gscfoundation.org to request information.

Free Speaker's Bureau

Good Shepherd Communities is the area's premier resource for up-to-date information regarding issues in senior healthcare and wellness.

Our speakers are offered to your not-for-profit organization free of charge and are available to speak on a number of issues including:

- Senior Living Options & Costs
- Falls & Fall Prevention
- Therapeutic Recreation & Ways to Keep the Elderly Active
- Senior Safety Awareness
- Medicare Insurance & Skilled Nursing Facilities
- What to look for when selecting a senior care facility
- Elder abuse and how to recognize it
- HIPAA and Patient Rights
- Advanced Care Directives & Living Wills
- Pharmaceutical Concerns for Seniors
- Good Shepherd Communities Foundation Grant Opportunities
- LSVT BIG and LOUD® –Therapy specific to Parkinson's Disease
- Navigating Medicare Advantage Plans

To reserve a speaker, please call (607) 484-6056.

