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July 2, 2020

To All Families of our Skilled Nursing and Adult Care Residents,

Each week we will provide you with updated information on COVID-testing at all of our campuses.

Testing Tracker: Summary of Employees & Residents Diagnostic Testing								
Employees		To date (since pandemic start)			New Suspected Cases			
	Employees tested	Tests Pending	Employees Positive	Employees Negative	Employees tested	Tests Pending	Employees Positive	Employees Negative
Chase	9	0	0	9	0	0	0	0
GSFH	6	0	1	5	0	0	0	0
GSVE	11	0	1*	10	0	0	0	0
			* last worked 3/29					
Residents		To date (since pandemic start)			New Suspected Cases			
	Residents tested	Tests Pending	Residents Positive	Residents Negative	Residents tested	Tests Pending	Residents Positive	Residents Negative
Chase	7	0	0	7	0	0	0	0
GSFH	20	0	0	20	0	0	0	0
GSVE	12	0	0	12	2	0	0	2
Tested as of 6/24/20				6/25/20-7/1/20				
Please note some testing was purely precautionary as the individual was asymptomatic. Ex: fall led to ER visit and tested.								

We continue to have a daily monitoring system to monitor all residents for signs/symptoms of COVID-19, as well as our daily screening for all staff.

Please note the chart above is for testing conducted for cause only. At this time, it does not include the mass staff weekly testing and resident baseline testing discussed below, or staff testing done as part of any pre-op procedures.

### NYS DOH Mandatory Testing for all Staff

We continue to do the testing of our staffs as required by NYS Executive Order. Per Executive Order, each employee is tested *once per week*. The test is a simple nasal swab, and results usually arrive within 48 hours.

Please note testing is different than screening. Screening staff involves staff answering a series of questions about travel, work and symptoms, and having their temperature taken at the start of their shifts and every 12 hours thereafter. Testing is a laboratory test to find out if a person has coronavirus (COVID-19).

## Results of Mass Testing (for employees who passed the screening process)

	Tested	Positive	Negative	Inconclusive or Indeterminate
GSFH	175	0	175	0
GSVE	160	3	157	0
Chase	73	0 (but one 3 <sup>rd</sup> party was tested independently and tested positive)	69	4

In the last round of testing, we had the following positive results:

### *GSFH*

- No positive results.

### *GSVE*

- IL Dietary staff member: Asymptomatic. Self-isolation for 14 days. No close contact with any residents but 4 staff members were close contacts. They have been notified and will be self-quarantining for 14 days.
- Housekeeper: Single symptom that could be related to COVID but is also consistent with the employee's history of allergies. Self-isolation for 14 days. No close contact with any residents but 1 staff member was a close contact. That person has been notified and will be self-quarantining for 14 days.
- Health Care Dietary: Asymptomatic. Self-isolation for 14 days. No close contact with any residents or other staff.

### *Chase*

- Third Party Contractor: Asymptomatic. Self-isolation for 14 days. No residents were in close contact with the individual who tested positive, but we will closely monitor any residents who had casual contact for symptoms as a further precaution. One other non-resident was identified as having close contact. This person has been contacted and given a directive from the Health Department that they must self-quarantine. Please note this will not appear in Chase's weekly mass testing results as the test was performed by a third party.

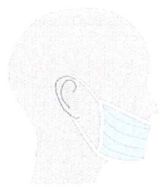
Our staffs at both campuses are monitoring these situations in collaboration with both the NYS DOH and local department of health and will follow all recommendations.

## **Mask Etiquette 101: *Right and Wrong Way to Wear Mask***

## How To Properly Wear A Face Mask



Always wash hands before and after wearing your mask and clean reusable masks after use. Avoid touching the mask at all times and only use the bands or ties to put on and remove.



### DON'T

wear your mask  
below your nose



### DON'T

wear your mask  
low on your nose



### DON'T

leave your chin  
exposed



### DON'T

wear your mask  
under your chin or  
temporarily remove  
it in public



### DON'T

let your mask hang  
loosely with gaps  
around your face



### DO

wear your mask up  
to the top of your nose  
and under your chin;  
snug and without gaps

## NYS Quarantine Travel Restrictions- UPDATE

The list has been expanded and currently, the advisory applies to anyone traveling from Alabama, Arizona, Arkansas, California, Florida, Georgia, Idaho, Iowa, Louisiana, Mississippi, Nevada, North Carolina, South Carolina, Tennessee, Texas, and Utah. Please note this includes NYS residents returning from these states.

The quarantine requirements do not apply to any individual passing through designated states for a limited duration (i.e., less than 24 hours) through the course of travel (e.g., layovers, rest area stops, etc.).

The Department of Health (DOH) has issued interim guidance, which appears to indicate that this requirement includes not only visitors, but also New York State residents returning from the affected states. Please keep this in mind as you plan any vacations while the order is in effect.

**FAQs:** We receive multiple individual emails or calls with questions. Rather than respond individually to multiple individuals asking the same or similar questions, we have added a FAQs section each week. Please note we have an obligation to maintain the privacy of the health information of our employees and cannot provide information which could potentially identify them.

**Q:** *Do Masks Have An Inside and an Outside?*

**A:** A rumor circulated around Facebook in late March, saying you could choose which side of a disposable face mask you wore, depending on what kind of coverage you wanted. White side out was for when you were not sick and wanted to keep the virus out, while the blue side out was for keeping germs in while you were sick. This rumor was incorrect. The blue side should always be worn out because it's waterproof, while the white should always be worn in because it's absorbent and will absorb a cough or sneeze.





## Donations

Thank you to the following individuals or groups for their generous donations of Personal Protective Equipment or other support to our staff and residents:

- No new donations have been received.



Please visit our website for ongoing coverage of our response to COVID.

Thank you all for your patience during this difficult time. If you are feeling unusually high levels of stress, there are a number of resources available.

- Office of Mental Health Emotional Support Helpline: 1-844-863-9314 \*  
The Emotional Support Helpline provides free and confidential support, helping callers experiencing increased anxiety due to the coronavirus emergency. The Helpline is staffed by volunteers, including mental health professionals, who have received training in crisis counseling.
- CDC Resources : <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>

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